

## **Growth Track Two**

### **201: Biblical Foundations for Living**

#### **Session 1: Why My Worldview is Important.**

**Overview:** At the end of this session students will understand that our personal beliefs come from a wide range of sources. They will know how important is to challenge current believe systems using the Truth of God's Word.

Definition of worldview:

The overall perspective from which one sees and interprets the world. A collection of beliefs about life and the universe held by an individual or a group.

#### **The Truth About My Beliefs:**

##### **1. My beliefs are my choice.**

Romans 1:25 NLT *Instead of believing what they knew was the truth about God, they deliberately chose to believe lies.*

##### **2. My beliefs determine my behavior.**

Proverbs 4:23 NCV *Be careful what you think, because your thoughts run your life.*

##### **3. The world has taught me many counterfeit beliefs.**

1 John 4:1 TLB *Don't always believe everything you hear... for there are many false teachers around.*

#### **4. The only source of absolute truth is God.**

Romans 3:4 NCV *God will continue to be true even when every person is false.*

Luke 21:33 TLB *Though all heaven and earth shall pass away, yet my words remain forever true.*

Hebrews 6:18 NCV *...God can not lie...*

#### **5. A healthy spiritual life requires replacing counterfeit beliefs with the Truth.**

John 8:31-32 NIV *Jesus said, "If you hold to my teaching, you are really my disciples. Then you will know the truth, and the truth will set you free."*

- Behind every self-defeating behavior is a self-deceiving lie.

Matthew 7:24 NIV *Everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock.*

#### **How to Establish a Biblically Based Faith:**

##### **1. I commit to learn the Bible.**

Hebrews 11:6 NIV *And without faith it is impossible to please God, because anyone who comes to Him must believe that He exists and that He rewards those who earnestly seek Him.*

## **2. I commit to live the Bible.**

Ephesians 4:14-15 TLB *We will no longer be like children, forever changing our minds about what we believe because someone has told us something different or has cleverly lied to us and made the lie sound like the truth. Instead, we will lovingly follow the truth at all times -- speaking truly, dealing truly, living truly -- and so become more and more in every way like Christ.*

## **3. I commit to love the Bible.**

Romans 12:2 NIV *Do not conform any longer to the pattern of this world but be transformed by the renewing of your mind.*

### **Discussion:**

1. What was your primary source of values and beliefs as a child?
2. Do you believe that source brought you closer to, or further away from, a Biblical belief system?
3. On a scale of 1 to 10, (1 = no confidence, 10 = extreme confidence) how confident are you that your beliefs are based in God's Truth?